


Tunniplaan - Veebruar 2025

Kell	Esmaspäev	Teisipäev	Kolmapäev	Neljapäev	Reede	Laupäev	Pühapäev
						1	2
10:00							
11:00	Treening	Tase	Saal				
12:00							
13:00	Pole Fitness	Kesktaase	Space 1				
14:00	Pole Fitness	Algajad	Space 1				Pole Fitness Ilona
15:00	Pole Exotic	Kesktaase	Space 1				Pole Exotic Milena
16:00	Pole Exotic	Algajad	Space 1				Stretching Rekap
17:00	Sensual Choreo Irina	Kõik tasemed	Space 2				
18:00	Stretching	Kõik tasemed	Space 2				
19:00	Aerial Hammock Rekap	Kõik tasemed	Space 2				
20:00	Acro Yoga - Jegor	Kõik tasemed	Space 2				
21:00							
	3	4	5	6	7	8	9
10:00							
11:00							
12:00							
13:00							
14:00			Pole Fitness Rekap				Pole Fitness Ilona
15:00							Pole Exotic Milena
16:00							Stretching Rekap
17:00							
18:00	Pole Fitness Rekap			Pole Exotic Irina	Pole Exotic Helina		
19:00	Pole Exotic Irina	Pole Fitness Milena	Pole Fitness Ilona	Aerial Hammock Rekap	Pole Fitness Ilona		
20:00	Sensual Choreo Irina	Pole Exotic Milena	Acro Yoga - Jegor	Pole Exotic Ilona	Pole Fitness Ilona	Stretching Rekap	
21:00							
	10	11	12	13	14	15	16
10:00							
11:00							
12:00							
13:00							
14:00			Pole Fitness Rekap				Pole Fitness Ilona
15:00							Pole Exotic Milena
16:00							Stretching Ilona
17:00							
18:00	Pole Fitness Rekap		Pole Exotic Helina	Pole Exotic Irina	Pole Exotic Helina		
19:00	Pole Exotic Irina	Pole Fitness Milena	Pole Fitness Ilona	Pole Fitness Ilona			
20:00	Sensual Choreo Irina	Pole Exotic Milena	Acro Yoga - Jegor	Pole Exotic Ilona	Pole Fitness Ilona	Stretching Rekap	
21:00							
	17	18	19	20	21	22	23
10:00							
11:00							
12:00							
13:00							
14:00							Pole Fitness Ilona
15:00							Pole Exotic Milena
16:00							Stretching Anastasia
17:00							
18:00	Pole Fitness Ilona		Pole Exotic Helina	Pole Exotic Irina	Pole Exotic Helina		
19:00	Pole Exotic Irina	Pole Fitness Milena	Pole Fitness Ilona	Aerial Hammock Rekap	Pole Fitness Ilona		
20:00	Sensual Choreo Irina	Pole Exotic Milena	Acro Yoga - Jegor	Pole Exotic Ilona	Pole Fitness Ilona	Stretching Milena	
21:00							
	24	25	26	27	28		
10:00							
11:00							
12:00							
13:00							
14:00			Pole Fitness Rekap				
15:00							
16:00							
17:00							
18:00	Pole Fitness Rekap		Pole Exotic Helina	Pole Exotic Irina	Pole Exotic Helina		
19:00	Pole Exotic Irina	Pole Fitness Milena	Pole Fitness Ilona	Aerial Hammock Rekap	Pole Fitness Ilona		
20:00	Sensual Choreo Irina	Pole Exotic Milena	Acro Yoga - Jegor	Pole Exotic Ilona	Pole Fitness Ilona	Stretching Rekap	
21:00							